

### Community Coaching 2016

Funding secured under the Dormant Accounts Scheme via Sport Ireland allowed Offaly Sports Partnership to deliver two foundation community coaching training programmes in Clara and Tullamore for people attending the national learning network, the unemployed, women and girls, and young people in 2016.



*Participants on Offaly Sports Partnership's 2016 community coaching programme in Clara & Tullamore*

Additional funding secured also allowed the Partnership to deliver two level 2 and one level 3 community coaching training programmes for the unemployed, with a specific focus on employment skills for the leisure industry, in conjunction with Laois Sports Partnership and Portarlington Leisure Centre.

The first of the two level 2 community coaching courses ran from January to April 2016. 15 people commenced while 12 people concluded the programme. Qualifications achieved included the Royal Lifesaving Society UK national pool lifeguard qualification, Irish Water Safety assistant swim teacher qualification, foundation pool plant and manual handling. Of the 12 that completed the course, six have since secured employment as lifeguards and swim teachers; while a seventh applied to Carlow College to attend third level education.



*Participants on level 2 community coaching 2016 – January to April*

The second of the two level 2 community coaching courses ran from September to December 2016. 12 people commenced while 10 people concluded the programme. Qualifications achieved included the Royal Lifesaving Society UK national pool lifeguard qualification, Irish Water Safety assistant swim teacher qualification, foundation pool plant and manual handling. Of the 10 that completed the course, four have since secured employment as lifeguards and swim teachers; while three completed the level 3 community coaching programme concurrently.

The level 3 community coaching programme ran from October 2016 to February 2017. 10 people commenced while nine people completed the programme. The key focus of the programme was the iTEC level 2 certificate in fitness instruction. Of the nine people that completed the course, three have since secured employment with Portarlington Leisure Centre; three are working in various sport, physical activity and recreational employments; while one went on to complete the level 3 diploma in personal training



*Participants on level 3 community coaching 2016 / 2017 – October 2016 to February 2017*

For further information on community coaching, contact the office on 057 93 57462 or by email to [sports@offalycoco.ie](mailto:sports@offalycoco.ie)