

Physical activity and sport for families

2015

Operation Transformation

In support of Operation Transformation on RTÉ, Offaly Sports Partnership delivered a local walk in support of the national walk day. 125 people participated on the Operation Transformation “Fiona’s Way” walk in Tullamore. Video footage and photographs were provided to RTÉ for inclusion on its Operation Transformation programme.

Community Transformation

Established in support of Operation Transformation and following a request from the Moneygall community, this programme was an eight week programme offering 24 events from runs and walks to boot camps and kettle bells totaling 2,500 work out hours for almost 150 participants ranging in age from 18 – 63 years. A combined weight loss of 1,000lbs was recorded at the close of the programme.

Additional physical activity and sport programmes for families delivered in 2015 included Bike Week 2015.

2014

Operation Transformation

In support of Operation Transformation on RTÉ, Offaly Sports Partnership delivered a local walk in support of the national walk day. 150 people participated on the Operation Transformation Slí na Sláinte walk in Tullamore. Video footage and photographs were provided to RTÉ for inclusion on its Operation Transformation programme.

Furthermore, three additional walks were held in Offaly in the lead up / on the national walk day, with an additional 150 people participating across these walks.

Additional physical activity and sport programmes for families delivered in 2014 included Bike Week 2014.

2013

Two physical activity and sport programmes for families were delivered in 2013: -

1. Operation Transformation

In support of Operation Transformation on RTÉ, Offaly Sports Partnership delivered a local walk in support of the national walk day. 100 people participated on the Operation Transformation Slí na Sláinte walk in Tullamore. Video footage and photographs were provided to RTÉ for inclusion on its Operation Transformation programme.

2. The Gathering Ireland 2013

Following requests from the Gathering Ireland steering group, Offaly Sports Partnership supported clubs and organisations in the delivery of mass participation sporting themed events for the Gathering Ireland 2013.

The partnership supported four clubs / organisations in the delivery of their Gathering Ireland events in 2013: -

- i. *Rhode Gathering* - a weekend of sporting and physical activity events which included a schools sports day, the Croghan Hill challenge, Rhode marathon challenge, live open air concerts, canal cruise, food and craft market, and the Rhode Beat on the Street.
- ii. *Grand Canal Sports* in the delivery of their Duathlon
- iii. *Marion Geraghty 9th Annual Sarcoidosis Run* - a meet and train group in Mount Bolus was set up in advance of this event.
- iv. *Moneygall Festival fun run* - a meet and train group in Moneygall was set up in advance of this event.

Almost 2,000 people participated in the range of events offered in the lead up to and as part of the Gathering Ireland 2013.

Additional physical activity and sport programmes for families delivered in 2013 included Bike Week 2013.

2012

Operation Transformation

In support of Operation Transformation on RTÉ, Offaly Sports Partnership delivered a local walk in support of the national walk day. 350 people (including local leader Adrian Breton and his family) participated on the Operation Transformation Slí na Sláinte walk, with the event being filmed by RTÉ for inclusion on its Operation Transformation programme.

Additional physical activity and sport programmes for families delivered in 2012 included Bike Week 2012.

2011

Operation Transformation

In support of Operation Transformation on RTÉ, Offaly Sports Partnership delivered a range of programmes annually. In 2011, two programmes were supported as part of Operation Transformation: -

1. *National Walk day* - 70 people attended the walk along the newly opened Slí na Sláinte route in Tullamore.
2. *Give a Sport a Go day* - 145 people participated in the Midlands Give a Sport a Go day in the Athlone Institute of Technology

Both events were televised as part of the Operation Transformation programme on RTÉ.

Additional physical activity and sport programmes for families delivered in 2011 included Bike Week 2011.