

Physical Activity & Sport for Young People

2007

Play Day is the national day of play for preschool children hosted by Offaly County Council and the Offaly County Childcare Committee; and supported by Offaly Sports Partnership and the Department of Children and Youth Affairs.

The Partnership has been involved in the delivery of Play Days, and typically provides mini sport activities as part of the Play Day programme. Almost 400 families have participated in Offaly's Play Days every year.

Physical Activity through Dance

Offaly Sports Partnership entered into a collaborative programme with the Arts office in Offaly County Council to promote physical activity through dance.

This action was approved by the Irish Sports Council as part of the annual work plan of Offaly Sports Partnership, and later supported by the Health Services Executive (with funding directed via the Sports Council).

The dance programme was delivered in the south of the County and involved a short taster programme being brought into schools followed by 3 summer workshops (June 22nd – 24th, July 20th – 22nd and August 24th – 26th) in the Birr Theatre and Arts Centre delivered by a professional dance company.

43 young people participated on the summer programme with almost 75% of these coming from the Birr area. The remaining participants were primarily from the towns of Kinnitty, Banagher, Ferbane and Kilcormac.

Of the 43 participants, 36 were girls aged 12 to 15 years, 5 were girls aged 16+, and the remaining 2 were boys.