

Community sport & physical activity hub 2018
South Offaly Sports hub

Access to funding via Sport Ireland Dormant Accounts Funding has ensured that the south Offaly sports hub established in 2017 continued to be supported in 2018 to deliver a range of outreach programmes to schools, clubs and organisations

Among the programmes delivered were: -

- a 12 session multi-sport and fitness programme for eight youth at risk from Fusion, Birr's Garda Youth Diversion project
- boxing programmes for underrepresented groups delivered with the support of the Birr Traveller and Settled People's Group and Birr Boxing Club
- Fit class - 41 schools registered to participate on the programme with the Hub carrying out tests in 28 of these schools among 2,090 pupils. Data on 41 schools was collated; and baselines for the "max speed" test were identified. Fit class award certs were presented to 23 of 41 schools with the remaining schools receiving a copy of their finishing positions in each test
- local delivery of national events (e.g. Mojo, Play Day, Recreation Week, etc.) - one of the Hub tutors has been working with MOJO Offaly to support physical activity programmes for MOJO men. Three programmes have been delivered to date catering for 36 men at risk. Play Day saw the Hub (south Offaly CSPAH supported by Sport Ireland Dormant Accounts) deliver an inter-generational play day for over 50 people. Adults and older adults in attendance demonstrated playground games of their own era to their children and grandchildren Recreation Week saw the Hub deliver a three-day community summer camp for 20 young people
- outreach schools programmes including a spring fitness for 16 schools and 1,190 pupils; and a winter fitness programme for nine schools and 956 pupils
- strength and conditioning programmes
- supports for 20 groups utilising the centre, up from seven in 2015

For further information on community sport and physical activity hubs, contact the office on 057 93 57462 or by email to sports@offalycoco.ie