

## Physical Activity Programmes for Older People

### **2014**

*Positive Ageing Week* - Eight physical activity sessions were delivered as part of Positive Ageing Week 2014

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### **2013**

*Positive Ageing Week* - 27 people from seven groups participated in physical activity sessions as part of Positive Ageing Week.

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### **2012**

*Camcor Active Age Park* - Following the official opening of the Camcor Active Age Park in Birr at the end of 2011, Offaly Sports Partnership arranged training in the use of the equipment for 25 older people based around the Birr area in 2012