



## Community sport & physical activity hub 2019 South Offaly Sports hub

Access to funding via Sport Ireland Dormant Accounts Funding has ensured that the south Offaly sports hub established in 2017 continued to be supported in 2018 to deliver a range of outreach programmes to schools, clubs and organisations

Among the programmes delivered were: -



• physical activity and mental health support programmes for underrepresented groups including young Traveller men with the support of Mojo and the Offaly Traveller Movement

• Fit class - 42 schools registered to participate on the programme with the Hub carrying out tests in at least of the registered schools among 3,000 pupils. Data on 41 schools was collated; and fit class award certs were presented to 16 of 42 schools with the remaining schools receiving a copy of their finishing positions in each test

• local delivery of national events (e.g. Mojo, Play Day, Recreation Week, etc.) - one of the Hub tutors has been working with MOJO Offaly to support physical activity programmes for MOJO men. Three programmes have been delivered to date catering for 36 men at risk.

- outreach schools programmes including spring and winter fitness programmes for 18 schools and 2,500 pupils
- supports for 20+ groups utilising the centre

For further information on community sport and physical activity hubs, contact the office on 057 93 57462 or by email to <u>sports@offalycoco.ie</u>