



HER Moves



Comhairle Chontae Uíbh Fhailí
Offaly County Council



Offaly Sports Partnership is a multi-sectoral subcommittee of Offaly County Council.

It is hosted by the Community & Culture Section of Offaly County Council; and receives its core funding from Sport Ireland.



Offaly Sports Partnership's inaugural "*HER Moves*" programme was delivered in 2023 in association with Spartacus Boxing Club

This programme saw 16 teenage girls take part in weekly boxing sessions for a period of eight weeks across the months of October and November.

Gráinne Walsh, a local international boxer, joined the group in mid-November for a quick spar and chat; and also presented the participating girls with their "*HER Moves*" gear, boxing gloves and pads. Four teenage girls have since joined Spartacus Boxing Club in Tullamore.



Congrats to all the girls who participated on the programme; and a sincere thanks to Spartacus Boxing Club for their support of the programme as well as the tutors Catherine and Aoife for their work on the programme