

Miscellaneous

2015

Level 1 Cycling Leader Following the success of the Bike 4 Life training in 2014, a number of the participants sought support to avail of Level 1 Cycling Leader training to enable them to bring groups out on simple cycles

2014

Two programmes supporting club developed were delivered in 2014: -

1. ***Bike 4 Life*** Nine people availed of “Bike 4 Life training”. Following the training three “Bike 4 Life” spins were delivered as part of Bike Week 2014
 2. ***Get into Walking*** Two “Get into Walking” workshops delivered to 65 participants
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2013

Two programmes supporting club developed were delivered in 2013: -

1. ***Fit 4 Life*** Following the success of previous meet and train groups, the partnership established the Fit 4 Life programme to enhance the leadership skills of local volunteers leading out recreational training groups. 17 participants from six clubs / groups participated in this training and have brought their learning back to their local clubs / groups where it is assumed they are now leading out Fit 4 Life sessions. An additional 12 participants undertook this training as part of their community coaching programme.
2. ***SPORTSHALL Athletics for clubs*** The Partnership supported the introduction of the SPORTSHALL Athletics discipline into the juvenile section of the Tullamore Harriers over a four week period. 40 children of primary school age participated on this programme in the last quarter of 2013. Two parent volunteer coaches from the club worked alongside the Partnership and continued the delivery of the programme following our withdrawal after the initial four week period, and the club continues to offer the SPORTSHALL Athletics programme as part of their programme of events.

The club volunteers also undertook fitness testing twice during the course of the programme in order to gauge the effectiveness of the programme.

Whilst still awaiting numbers, the Partnership anticipates that membership of the club will increase as a result of this intervention.

2012

Provision of a Sports Capital Programme 2012 workshop 80 participants attended this workshop which reviewed the changes to the terms and conditions, and application process for the 2012 Sports Capital Programme.

2011

With support from Offaly Vocational Education Committee and Offaly GAA, training was provided to eight people from under represented target groups (i.e. females, low income communities, older people, people with a disability, people of an ethnic minority, the unemployed, Travellers and youth at risk) to assist them in the achievement of coaching qualifications and referee badges for their chosen sport.