

★ Active Travel Day ★

Thursday 24th Sept. 2026

On Active Travel Day, there are lots of ways
you can include walking in your school day:



Why not consider a
walking lunch - even
for the teachers!



Encourage students
and staff to walk to
and from school



Encourage students and
staff to get off public
transport early



Use your Active
Schools Flag Walkway
during classes.

Use your Active Travel Day to explore how easy it is to include walking during the school day!
Consider a prize for the student who thinks of the best idea for Active Travel Day at your school.

Share your school's Active Travel Day with Get Ireland Walking

See steps below

- 1 Register your school with Get Ireland Walking.
- 2 Choose a Walk Group Co-ordinator (ie: Teacher or parent). The Walk Group Co-ordinator will organise the walking route + encourage staff and students to participate.
- 3 Download your Active Travel Day pack including:
Social Media frame for promoting your walk on Instagram or Facebook etc.
A promotional poster you can print out + put on noticeboards to encourage participation.
- 4 Join schools across Ireland + share your Active Travel Day online. Post a photo on social media using the Social Media Frame + tag Get Ireland Walking.
- 5 Don't forget to use the hashtags:
#EuropeanWeekofSport +
#Active TravelDay + #WalkHikeRunPushRoll
- 6 We'll send your organisation an Active Travel Day Certificate of Participation.

GIW Social Media Handles:

f /GetIrelandWalking t /GetIreWalking
i /Get_Ireland_Walking

You can schedule your walk any day during our week of walking celebrations: 21st - 27th Sept.

#WalkHikeRunPushRoll Active Travel Day is accessible and inclusive
and we invite everybody to participate for all the notable benefits.